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情緒導向治療學院 (亞洲)
IEFTA INSTITUTE OF EMOTION FOCUSED THERAPY (ASIA)

Certification Workshop 2023
Live Online Seminar with Les Greenberg
Working with Anger and Shame in EFT



As stated by Prof. Les Greenberg, “Shame is one of the most painful emotions!”

During therapy, we frequently encounter clients’ anger and shame. How can we effectively help clients to process and transform these emotions?

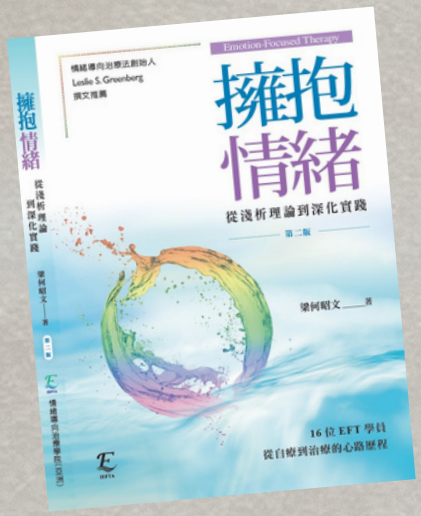
Don’t miss this opportunity to learn from the Master!

SATURDAY
22 APRIL 2023

7:30-10:30 PM (HKT) on ZOOM

STANDARD: HKD$1,000
EARLY BIRD: HKD$900 (on/before 10 Mar)

Register Now!



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